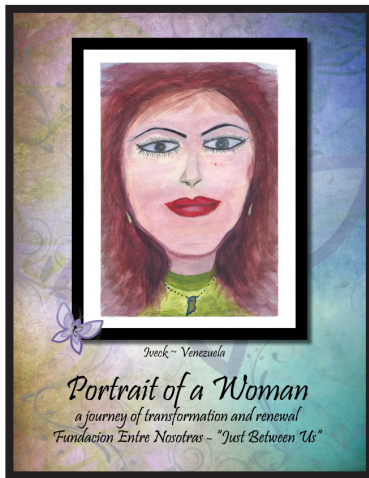


Winter 2014

## Art is Healing ~

Around the world, medical, mental health, recovery and treatment facilities are incorporating art therapy as a part of its healing process. Art therapy helps people manage physical and emotional problems by using creative activities to express emotions and build self confidence. For many, creative expression provides a way for people to come to terms with emotional



conflicts and express unspoken, often unconscious feelings or ideas.

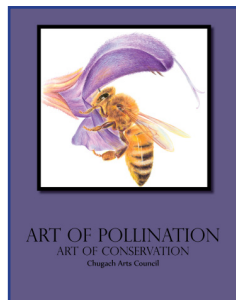
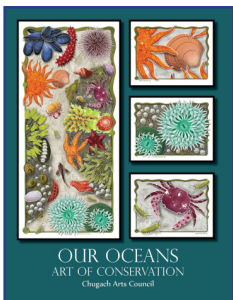
We were honored to collaborate with a wonderful organization in South Florida, dedicated to helping girls and women recover from domestic violence and abuse. Over the past 14 years, they have connected with over 6,000 women, girls, men and boys through individual counseling and a wide range of one day workshops and seminars on topics that include education and tools for successful living.

[fundacionentrenostoras.org](http://fundacionentrenostoras.org) is the website for more information.

Collaborations are a catalyst for creativity. We are honored to be a part of a beautiful movement of art, conservation and empowering people to find their own artistic expression.

## Art of Conservation ~

Our Art of Conservation projects continued with the Our Oceans and Art of Pollination art collections.



2014 was the second year for the art of Pollination and the first for Our Oceans. Thanks to all the artists that submitted work.

The books are available on line at [www.magcloud.com/browse/issue/767292](http://www.magcloud.com/browse/issue/767292)



## Highlights . . .

Three Art of Conservation books were created for Our Oceans, Art of Pollination and Endangered Species

Collaborations with students, schools and other arts groups improve understanding of conservation issues and inspire creative thinking.

Art is a valuable tool for learning in science and developing tools for dealing with emotional traumas.

Upcoming projects include Art with a Heart for Animals, Art of Conservation and National Park Service 100 yr. anniversary.



# Chugach Arts Council Newsletter

Winter 2014

## Art, Science and Healing

Art is powerful for its own sake and as a vehicle for learning and for healing. Educational standards strive to include S.T.E.M. (science, technology, engineering, math). The techniques, tools and skills of art apply also to STEM learning. Our collaborations with schools and youth not only result in art but in improved creative thinking skills.

## S.T.E.M.



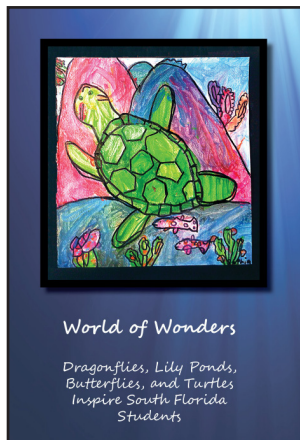
Art has long been known to be helpful in healing of mental, spiritual and emotional conditions or trauma. We have made some wonderful connections with organizations that use art to assist victims of abuse and other situations to find wholeness and healing.

More to come on these projects. Let us know if you have ideas or want to be involved in future projects.

### Students learn about conservation and nature through art.

Pinecrest Gardens and VSAFL partnered with Chugach Arts Council to create a book of art made by the students as a result of what they learned through the program.

It features dragonflies, lily ponds, butterflies and turtles.



### Thank You. . .

📌 Thank you to the many individuals and organizations that help us help others.

📌 To all the artists that contributed work to the Endangered Species, Our Oceans & Art of Pollination books and helped make them such a great success.

📌 To all the art teachers, science teachers and youth leaders that encouraged students to learn about the world around them and

📌 To the communities of Seward, Whittier and Anchorage that have given us their support and encouragement.

📌 To the arts councils around the state and country that have invited their members to participate in our projects.

### Upcoming projects ~

📌 Art with a Heart for Animals  
A project to bring awareness to the plight of animals and support for animal welfare organizations. Check our website for details and application.

📌 Art of Conservation projects for 2015

📌 2016 is the 100th anniversary of the National Park Service and we are discussing some events and project to help celebrate our National Parks.



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